

The following organizations are not affiliated directly with the City but they provide valuable resources for older adults who reside in the community.

Housing

Manhattan Village Senior Villas (310) 546-4062

Ross Manhattan Terrace (310) 545-5063

Redondo Beach Senior and Family Services (Listings Only) (310) 318-0650

[PATH](#) (562) 457-0205

Beach Cities Health District

(310) 374-3426

Care Management Services for residents, 60 years or older, to help maintain their independence and quality of life. Provides links to social services and other community resources.

Food/Meals

[Meals on Wheels](#)

(310) 318-2827

Provides home delivered meals for the elderly and disabled.

Medical

South Bay Family Health Care

2114 Artesia Boulevard, Redondo Beach (310) 802-6170

Medical clinic which provides a variety of medical services for older adults including some dental procedures. Sliding scale fees.

Transportation

[Dial-A-Ride](#): (310) 802-5162 or (310) 545-3500

[ACCESS](#): (800) 827-0829

A shared ride county-wide bus service for persons 55 years old and disabled citizens to destinations outside the city.

Legal

[H.E.L.P.](#) (Healthcare Elder Law Programs): (310) 533-1996

A nonprofit group providing information and problem solving services for legal and health care related subjects.

Retirement Services/Lobby

[AARP \(American Association of Retired Persons\)](#)

Southern California Chapter (866) 448-3615